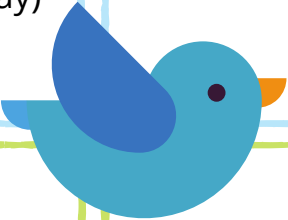
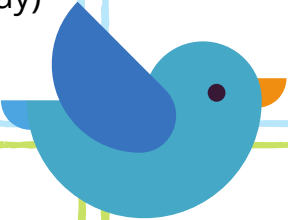



Location	Monday 11th	Tuesday 12th	Wednesday 13th	Thursday 14th	Friday 15th
Oldbury Court	Scrapstore Easter Play Session (Drop In) 11am - 3pm <i>Ages 8+ (younger siblings welcome)</i> Spring Baby Building Blocks (Drop In) 1.30 - 2.30pm <i>Ages 0 - 18 months</i>	New Parents (Booking) 10 - 11.30am Little Explorers Bear Hunt & Yoga (Drop In) 10am - 12pm <i>All ages welcome</i>	Under 5's Hub (Drop in) 9.30 - 11.30am	Sweaty Mama (Booking £) 10 - 11am Spring Chickens Family Event (Drop In) 1 - 2.30pm <i>All ages welcome</i> Food Club (£) 1 - 3pm	CLOSED (Bank Holiday)
St. Anne's Park	Let's Get Messy Springtime Special (Drop In) 1 - 3pm <i>All ages welcome</i>		Health Visitor 1:1 Appointments (invitation) 9.30am - 12pm Let's Get Crafty (Drop In) 1pm - 2.15pm <i>All ages welcome</i>	Music & Story Time (Drop In) 10 - 11.15am <i>All ages welcome</i>	CLOSED (Bank Holiday)
Broomhill		Toddler Yoga & Story Time (Drop In) 10am - 11.15am <i>Ages 18 months - 4 years</i>			CLOSED (Bank Holiday)
Speedwell	Under 5's Hub (Drop in) 9.30 - 11.30am <i>Last entry 11am</i>		Scrapstore Easter Play Session (Drop In) 11am - 3pm Meadowvale Park <i>All ages welcome</i>	Under 5's Hub (Drop In) 10 - 11.30am Baby Massage (Booking £) 1.30 - 2.30pm	CLOSED (Bank Holiday)
Community		Food Club (£) St. Peter's Church, BS4 4NZ 12.30 - 2.30pm	Let's Get Crafty (Drop In) Hillfields Library, BS16 4HL 1.30 - 2.30pm <i>All ages welcome</i>	Mindful Moments (Booking) Hillfields Library, BS16 4HL 10 - 11.15am	Food Club (£) Speedwell Methodist Church, 318 Speedwell Rd, BS15 1ES 12.30 - 2.30pm

Everyone is welcome to access our free 'Drop In' services across all of our sites.

For more information about groups and services, please visit our website www.eastbristolchildrenscentre.co.uk

Location	Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd
Oldbury Court	CLOSED (Bank Holiday)	New Parents (Booking) 10 - 11.30am	Under 5's Hub (Drop in) 9.30 - 11.30am	Sweaty Mama (Booking £) 10 - 11am Food Club (£) 1 - 3pm	Scrapstore Easter Play Session (Drop In) 11am - 3pm Ages 8+ <i>(younger siblings welcome)</i>
St. Anne's Park	CLOSED (Bank Holiday)		Health Visitor 1:1 Appointments (invitation) 9.30am - 12pm	Music & Story Time (Drop In) 10 - 11.15am <i>All ages welcome</i>	Baby Building Blocks (Drop In) 10 - 11am <i>Ages 0 - 18 months</i>
Broomhill	CLOSED (Bank Holiday)		Spring Family Picnic (Drop In) 11.30am - 1pm <i>All ages welcome</i>		Stay & Play (Drop In) 1.30 - 2.30pm <i>All ages welcome</i>
Speedwell	CLOSED (Bank Holiday)		Spring Stay & Play (Drop In) 10 - 11am <i>All ages welcome</i>	Under 5's Hub (Drop In) 10 - 11.30am Baby Massage (Booking £) 1.30 - 2.30pm	
Community	CLOSED (Bank Holiday)	Food Club (£) St. Peter's Church, BS4 4NZ 12.30 - 2.30pm			Food Club (£) Speedwell Methodist Church, 318 Speedwell Rd, BS15 1ES 12.30 - 2.30pm



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Toddler Yoga & Story Time

Come and join us for this taster session of toddler yoga with a twist!
No previous experience necessary.
Suitable for ages 18 months to 4 years.
Please see poster for information around health prior to attending or call 0117 377 3189 and speak to Laura for details.

Little Explorers Bear Hunt & Yoga

Come and join us for a morning of hunting for bears on the Oldbury Court Field and bear hunt toddler yoga with the Nature Explorers.
All ages welcome.

Let's Get Messy - Springtime Special

Our classic session with a springtime theme, open to all ages for the whole family to enjoy.
Expect messy fun!

No need to book (though room capacity applies, so arrive in good time to ensure a place)

Spring Chickens Family Event

To celebrate the start of Spring, join us in Oldbury Court Children's Centre garden for some fun and games on Thursday 14th April between 1 - 2.30pm. There will be soft play, gym tots' equipment, sports activities, and water play
Drinks and fruit provided, all ages welcome!

Spring Family Picnic

Come and join us for a fun filled family picnic at Broomhill Children's Centre.

All ages welcome!

Food and games provided!

Scrapstore Easter Play Sessions

FREE Stay and Play creative open access activities aimed at over 8s (younger siblings welcome with adult supervision)

Sessions are led by Children's Scrapstore and lunch will be provided.



Groups and Services Information

Baby Massage

Infant massage is a great way to communicate with your baby through nurturing touch. The course costs £20 and you will learn top-to-toe infant massage techniques from a certified instructor.
Suitable for babies up to 6 months.
4 week course. Booking required.

New Parents

Join new parents to share thoughts and experiences of parenthood. We will cover topics such as wellbeing, oral health and baby development.
Suitable for parents/carers with babies up to 6 months.
6 week programme. Booking required.

Mindful Moments

Take part in this 7 week course that will provide mindful activities for you and your children with a focus on the five ways of wellbeing- connect, be active, keep learning, give & take notice.
Suitable for children age 0-5 years.
Booking required.

Let's Get Crafty

Come along and meet other families. Lot's of fun, with opportunities to explore your creativity and craft together with your children.

All ages welcome!
Drop in session.

Stay & Play

Come along and meet other parents/carers and their children. Enjoy lots of fun activities and learn more about other services available to you.

All ages welcome!
Drop in session.

Music and Story Time

An interactive and free musical session focusing on different books and songs, promoting communication, language development and social interactions.

All ages welcome!
Drop in session.

Food Club

Weekly food club to reduce food waste.
£1 joining fee, £3.50 per food box
Each box offers a range of veg, meat and cupboard essentials worth £10-£15.
Get in touch to find out more and sign up.
Broomhill - 0117 353 4276
Oldbury Court - 0117 353 2899
Speedwell - 0117 903 0206



Baby Building Blocks

Come along and join in our Baby Sensory play session and meet other parents/carers in your local community. You and your baby can experience different sensory activities to promote baby development.

Suitable for babies aged 0-18 months.
Drop in session.